

Aurora

Doctor Profile

Dr Kim Hurst

PhD, B.Arts Psych, Grad.Dip Psych,
B.Soc.Sci Hons



Dr Kim Hurst PhD, B.Arts Psych, Grad.Dip Psych, B.Soc.Sci Hons is a Senior Psychologist who specialises in child and adolescent and adult eating disorders.

She has been delivering Maudsley Family Based Treatment (FBT) and Cognitive Behavioural Therapy Enhanced (CBT-e) for over ten years and is a credentialed eating disorder therapist who provides training, supervision and consultation to clinicians across Queensland.

Dr Hurst has worked across a range of treatment settings including psychiatric and medical inpatient units and outpatient services. She has developed specialist eating disorder clinical policies and is focused on service improvement strategies to enhance treatment delivery. She is also passionate about early intervention programs and has delivered workshops to school children, guidance officers and teachers on positive body image.

Dr Hurst is on the Executive Committee (past President) for the Australian & New Zealand Academy for Eating Disorders (ANZAED) and was a member of the Queensland State-Wide Eating Disorders Advisory Group. She has coordinated a national eating disorder conference and smaller workshop events, has a solid record of presenting at local, national and international eating disorder conferences and has several published works within the field.

Dr Hurst is the Clinical Lead in Robina Private Hospital's Eating Disorders Service for Adolescents and Adults.

To arrange an appointment or referral, please contact:

Robina Private Hospital:

T 07 5665 5155

F 07 5665 5198

Robina
Private Hospital
Aurora

1 Bayberry Ln, Robina QLD 4226
robinaprivate.com.au



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Dr Hurst has recently developed and is the Clinical Lead in Robina Private Hospital's Eating Disorders Day Program for Adolescents and Adults.

To arrange a private practice appointment with Dr Hurst, or referral to the Eating Disorders Day Programs, please contact Robina Private Hospital by phoning 07 5665 5155 or faxing 07 5665 5198.

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