

Aurora

Doctor Profile

Dr Penny King

BM, BS, FRANZCP, FPOA



Dr Penny King BM, BS, FRANZCP, FPOA is a consultant psychiatrist and psychogeriatrician with a particular interest in older persons mental health, and caring for people with cognitive disorders.

Dr King has worked in both public and private sectors as a consultant psychiatrist since 1988. She has been an International Fellow with the National Health Service in the UK. She is a member of the Faculty of Psychiatry of Old Age, Royal Australian and New Zealand College of Psychiatrists, member of the Australian Medical Association and International Psychogeriatric Association.

Dr King is the Director of Older Persons Mental Health Services at Robina Private Hospital and in that role sees patients in her private practice and hospital inpatients at Robina Private Hospital. She works closely with mental health nurses of MHNIP to provide an integrated service and home visiting to residential care clients in the Robina Varsity Lakes area.

She supervises the outpatient and inpatient programs for older people at Robina Private Hospital which includes

- Discovery - Validation / Diversional Group Therapy, an inpatient program
- Young @ Heart - CBT for Older People, an outpatient program
- Memory Clinic, a day patient assessment program for the assessment of cognitive disorders
- Healthy Minds, a cognitive stimulation program for older people, an outpatient program

Dr King is interested in forging partnerships to provide better care for older people in our community. She is planning to develop further services for patients with behavioural and psychological symptoms of dementia and neurostimulation techniques for cognitive enhancement (Direct Current Stimulation).

To arrange an appointment or referral, please contact:

Robina Private Hospital's private practice consulting suites

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